

April 1, 2008
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thrive chiropractic
wellness centre

Read Our Blog!

We're excited to announce the creation of our very own blog. We've jumped into the 21st century in an effort to keep you more informed regarding health care in BC.

Topics will run the gamut of the health care scene - from politics to prevention, from sports injuries to the media. Our aim is to arm you with the tools to be a more informed health care consumer.

To date, you can find posts regarding the inclusion of acupuncture under MSP premium assistance, the squandering of billions of dollars in the health care system, and how to choose

More Resources for You

We've recently added a Resource Page to the [Thrive website](#).

This page has a list of various health related topics for which we've provided a brief information sheet.

You can get some tips on how to garden without the pain and injury, how to choose the most appropriate running shoes, and why your hands go numb

a good pillow for your body type and sleeping position.

So click [here](#) to be taken to our blog, Vancouver Chiropractor. Feel free to leave a comment, or [contact us](#) if there is a topic you would like discussed.

There is also a link to the blog posted on our [homepage](#).

when you ride your bike for too long (and how to fix it).

New topics are being added regularly, so check back often for some more valuable information to increase and maintain your health.

Click [here](#) to be taken to our Resource Page.

Upcoming office closures

Dr. Debbie Wright will not be in the office Saturday, April 26, 2008.

John Yamashita will be available for select Sunday appointments in April, please call the office for more details.

Topics in this issue:

- Read Our Blog!
- More Resources for You
- Upcoming office closures

Practitioners:

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